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HAT'S FOR LUNCH THIS AUTUMN...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Assured Eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: caterlinkltd.co.uk/school/kent-county-council/
email: info@caterlinkltd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards.**

We hope your child enjoys our new menus.



www.caterlinkltd.co.uk/school/kent-county-council/

Please visit the website for current updates

FRESH
+
HEALTHY
=
TASTY



Universal infant Free School Meals

Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of income. However you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

Free School Meals

Low Income - Are you missing out? to check if you are entitled to Free School Meal entitlement ask at your school office.

ALLERGY INFORMATION:

If your child has an allergy or intolerance please speak to your child's school or the Cook Manager on site for information.

Forms available through our website or via the school.



ONE

TWO

THREE

AVAILABLE
EVERY DAY...2 Sept, 23 Sept, 14 Oct
11 Nov, 2 Dec9 Sept, 30 Sept, 28 Oct
18 Nov, 9 Dec16 Sept, 7 Oct, 4 Nov
25 Nov, 16 Dec

MONDAY

Pork Sausage in a Hot Dog Roll with Potato Wedges
Vegetable Sausage in a Hot Dog Roll with Potato Wedges

Sweetcorn & Coleslaw

Carrot & Courgette Cake with Cream Yoghurt / Fresh Fruit Salad

TUESDAY

Savoury Mince Beef with Mashed Potato
Bean & Vegetable Cobbler with Mashed Potato

Green Beans & Sweetcorn

Orange Drizzle Cake
Yoghurt / Fresh Fruit Platter

WEDNESDAY

Roast Chicken with Stuffing, Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes & Gravy

Carrots & Broccoli

Tutti Frutti Wednesday
Yoghurt

THURSDAY

Chicken Arrabbiata Pasta
Macaroni Cheese

Roasted Mixed Vegetables & Garden Peas

Wholemeal Apple Crumble
with Custard
Yoghurt / Fresh Fruit Salad

FRIDAY

MSC Fish Fingers/ Salmon Fish Fingers with Chips
Cheese & Onion Quiche with Chips & Tomato Sauce

Baked Beans & Garden Peas

Oaty Cookie
Fresh Fruit / Yoghurt**Wholemeal Ham, Cheese & Tomato Pizza with New Potatoes**
Cheese & Tomato Pizza with New Potatoes

Sweetcorn & Peppers

Rice Pudding with Mixed Berries
Yoghurt / Fresh Fruit Salad**Cottage Pie with Gravy**
Creamy Vegetarian Pie with Boiled Potatoes & Gravy**Green Beans & Cauliflower**
Vanilla Shortbread
Yoghurt / Fresh Fruit Platter**Roast Gammon with Roast Potatoes & Gravy**
Vegetarian Toad in the Hole with Roast Potatoes & Gravy

Cabbage & Carrots

Tutti Frutti Wednesday
Yoghurt**Chicken Curry with Rice**
Sweet & Sour Quorn with Rice

Mixed Vegetables

Eve's Pudding with Custard
Yoghurt / Fresh Fruit Salad**MSC Battered Fish with Chips & Tomato Sauce**
Cheese & Pepper Whirl with Chips & Tomato Sauce

Baked Beans & Garden Peas

Apple Flapjack
Fresh Fruit / Yoghurt**Beef Meatballs in Tomato Sauce with Rice**
Soya Bolognaise with Wholemeal Pasta

Peas & Carrots

Banana Sponge with Cream Yoghurt / Fresh Fruit Platter**Chicken Pie with Mashed Potato & Gravy**
Shepherdess Pie with Gravy

Sweetcorn & Broccoli

Pear Crumble with Custard
Yoghurt / Fresh Fruit Salad**Roast Turkey with Roast Potatoes & Gravy**
Vegetarian Wellington with Roast Potatoes & Gravy

Carrots & Green Beans

Tutti Frutti Wednesday
Yoghurt**Beef Lasagne with Garlic Bread**
Vegetable Lasagne with Garlic Bread

Mixed Vegetables

Chocolate & Mandarin Sponge
with Chocolate Sauce
Fresh Fruit / Yoghurt**MSC Fish Fingers/ Salmon with Chips & Tomato Sauce**
Red Pepper & Cheese Frittata with Chips & Tomato Sauce

Baked Beans & Peas

Ice Cream
(Vanilla Shortbread for serveries)
Fresh Fruit / Yoghurt**Bread**

freshly baked on site daily

Daily salad selection

there will be a selection of salad items available daily

Jacket potatoeswith various fillings
available daily**Fresh Fruit & Yoghurt**

available daily

**WE USE LOCALLY
SOURCED INGREDIENTS
WHEN AVAILABLE
AND IN SEASON**All our menus are
nutritionally analysed to
ensure they meet and in
most cases exceed
The School Food StandardsWe hope your child enjoys
our new menus.Menus could be subject to
local change, please check
your child's school for any
bespoke changes.

Vegetarian option



Oily fish

**Marine Stewardship
Council details**
Web: www.msc.org
Chain of Custody
Registration Code
MML - C 1009